## ANMED HEALTH ADOLESCENT OR ADULT STOOL COLLECTION

Laboratory Services (864) 512-1816 / (800) 868-5877

## ADOLESCENT OR ADULT STOOL COLLECTION INSTRUCTIONS

☐ OVA & PARASITE

(Blue & Pink Lids)

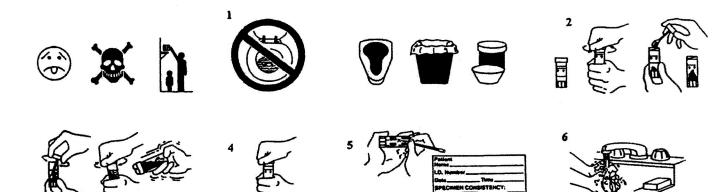
□ C & S
(Orange Lid)

☐ WBC / LEUKOCYTES

(Fresh Stool - White Container)

☐ GIARDIA / CRYPTOSPORIDIUM

(Blue & Pink Lids)



- 1. Do not urinate on the specimen or container. The stool should be passed into the white container provided. A bed pan or large plastic bag may be used.
- 2. Open the tubes provided by the lab and with the spoon built into the lid of the tube, spoon enough stool into the container to raise the level of liquid to the red line. Mix the contents of the tube with the spoon.
- 3. Close container tightly, shake well and on the lines provided on the side of the bottle, put the patient's name and date of collection.
- 4. Check all caps to be certain they are tightly closed. Store the bottles at room temperature and out of direct sunlight.
- 5. Please return the specimen(s) to the lab with the requisition within 72 hours of collection.
- \*\* If you receive more than one set of pink and blue containers, collect 1 set and then collect the 2nd set the next day.

PLEASE NOTE THAT THE COLORED CONTAINERS DO CONTAIN A POISONOUS LIQUID AND THAT YOU NEED TO WASH HANDS AFTER USING.

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CLOSTRIDIUM DIFFICLE (Fresh Stool - White Lid Container)	☐ STOOL OSMOLALITY  (Fresh Stool - White Lid Container)  **STOOL MUST BE VERY LIQUID*
STOOL pH (Fresh Stool - White Lid Container)	☐ STOOL ELECTROLYTES  (Fresh Stool - White Lid Container)  **STOOL MUST BE VERY LIQUID*
☐ ROTAVIRUS (Fresh Stool - White Lid Container)	☐ FECAL FAT (Fresh Stool - White Lid Container)
REDUCING SUBSTANCES (Fresh Stool - White Lid Container)	☐ STOOL FOR OCCULT BLOOD (Fresh Stool - White Lid Container)

For those specimens listed above as **"Fresh Stool"**, please leave stool specimen in the "White Lid Container." The specimen **must be** refrigerated and delivered to the lab within 2 hours of collection.

<sup>\*\*</sup> FOR PATIENT INFORMATION ONLY. THIS IS NOT ACCEPTED AS A DOCTOR'S ORDER.